



**American
Red Cross**

First Aid/CPR/AED Instructor Course

Purpose

The purpose of this instructor course is to train instructor candidates to teach the American Red Cross basic-level First Aid, CPR and AED courses.

Prerequisites

To participate in the First Aid/CPR/AED instructor course, instructor candidates must:

- Be at least 16 years of age on the last day of the instructor course.
- Possess current American Red Cross Adult CPR/AED certification or the equivalent or higher level.
- Have successfully completed the online Introduction to the First Aid/CPR/AED Instructor Course.
- Have successfully completed the in-person precourse skills session.
- Have obtained all materials needed for both the instructor and participants before entering the first session of the instructor course.

Learning Objectives

At the conclusion of the First Aid/CPR/AED Instructor course, instructor candidates should be thoroughly familiar with the program materials and should be able to:

- Exhibit the characteristics required of an American Red Cross representative and role model.
- Conduct courses in a manner that helps participants to stay engaged in the learning process.
- Perform applicable first aid, CPR and AED skills at an appropriate skill level.
- Ensure participants' health and safety during training.
- Maintain complete and accurate records and reports.
- Plan, organize and conduct the first aid, CPR and AED courses in accordance with the requirements of the specific class they will be teaching.
- Monitor participants' practice and provide corrective feedback and encouragement that is consistent with the skill chart and skill assessment tool.
- Recognize that the requirements in the skill assessment tool are criteria for ascertaining the proficiency of a participant's performance.
- Choose the appropriate course and materials to meet the specific training needs of participants or groups.

Length

The Introduction to the First Aid/CPR/AED Instructor Course that provides an overview of the instructor course and the First Aid/CPR/AED program is approximately 2 hours.

The classroom session where instructor candidates practice teaching and evaluating skills is approximately 13 hours.

Instructor

Currently certified First Aid/CPR/AED instructor trainers.

Certification Requirement

To be certified as an instructor, candidates must:

- Successfully complete the prerequisite requirement.
- Attend and actively participate in all course sessions.
- Successfully complete class activities, including three practice-teaching assignments.
- Score at least 80 percent (20 correct answers out of 25 questions) on the instructor written exam.

Certificate Issued and Validity Period

- First Aid/CPR/AED Instructor: 2 years

Participant Products/Materials (available in digital and print formats)

- *American Red Cross First Aid/CPR/AED Participant's Manual*
- *American Red Cross Adult First Aid/CPR/AED Ready Reference Card*
- *American Red Cross Pediatric First Aid/CPR/AED Ready Reference Card*
- *American Red Cross First Aid/CPR/AED Instructor's Manual*