



First Aid/CPR/AED Fact Sheet

Purpose

The American Red Cross First Aid/CPR/AED program helps participants recognize and respond appropriately to cardiac, breathing and first aid emergencies. The courses in this program teach the knowledge and skills needed to give immediate care to an injured or ill person and to decide whether advanced medical care is needed.

Learning Objectives

- Describe how to recognize an emergency and size up the scene.
- Explain how to activate and work with the emergency medical services (EMS) system.
- Understand legal concepts as they apply to lay responders, including consent and the purpose of Good Samaritan laws.
- Identify how to reduce the risk of disease transmission when giving care.
- Demonstrate how to check a person who is responsive for life-threatening and non-life-threatening conditions.
- Explain how to check an injured or ill person who appears to be unresponsive.
- Recognize the signs and symptoms of a heart attack and describe appropriate first aid care for a person who is showing these signs and symptoms.
- Describe the links in the Cardiac Chain of Survival.
- Demonstrate CPR and use of an automated external defibrillator (AED) for a person who is in cardiac arrest.
- Demonstrate first aid care for a person who is choking.
- Recognize the signs and symptoms of shock and describe appropriate first aid care for a person who is showing these signs and symptoms.
- Recognize the signs and symptoms of, and describe appropriate first aid care for, the following sudden illnesses: breathing emergencies, diabetic emergencies, seizures, fainting and stroke.
- Describe methods used to control external bleeding, including the application of direct pressure and the application of a commercial tourniquet.
- Demonstrate the application of direct pressure to control external bleeding.
- Explain when a commercial tourniquet should be used, and describe the basic principles of using a tourniquet.
- Recognize the signs and symptoms of, and describe appropriate first aid care for, the following injuries: burns; muscle, bone and joint injuries; and head, neck and spinal injuries, including concussion.
- Recognize the signs and symptoms of, and describe appropriate first aid care for, the following environmental injuries and illnesses: heat-related illnesses, cold-related illnesses and poisoning.

Course Instructions

- Online portion must be completed prior to attending the in-class portion
- Online portion must be taken on a PC or tablet with a high-speed Internet connection (Firefox or Chrome recommended).
- Bring a copy of the completion record or a copy of the email confirmation received upon completion of the online portion to the in-class session.
- Participants must follow any current CDC and/or government requirements for preventing the spread of communicable disease.

Course Length

Basic Life Support for Healthcare Providers – Blended Learning Length (H:MM)	
Online:	Between 1.5 – 2 hours
In-person:	Between 1.5 – 2 hours

Certification Requirements

- Complete all lessons of the online learning session and pass the online assessment with a score of at least 80 percent.
- Participate in all course activities.
- Demonstrate competency in all required skills.
- Successfully complete the Putting It All Together Assessment Scenarios.

Participant Materials

The *American Red Cross First Aid/CPR/AED PARTICIPANT'S MANUAL* is available as free digital download or in print format for purchase from the Red Cross Store.

Upon Completion

Upon successful completion of the course, learners will receive a 2-year Adult & Pediatric First Aid/CPR/AED digital certificate sent to the email used during registration with anytime, anywhere access to certificate and training history.

Location of In-person training

Maui Research Technology Center
590 Lipoa Parkway
Kihei, HI 96753

Certificate Issued and Validity Period

First Aid/CPR/AED certifications are valid for 2 years from the date of course completion. On successful completion of the course participants receive American Red Cross certification.

What is the cancellation policy?

A student can cancel class enrollment 15 days before the start of the class without penalty, if a cancellation occurs after this the following amounts are deducted from the original payment:

- 10% from 8 to 14 days before event starts;
- 25% from 3 to 7 days before event starts;
- 50% from 1 to 2 days before event starts;
- 100% from 0 to 0 days before event starts or 1 day after event start.