Basic Life Support for Healthcare Providers BL

Purpose

The 2020 Basic Life Support (BLS) course provides healthcare providers and public safety professionals the knowledge and skills necessary to respond to breathing and cardiac emergencies in adult, child, and infant patients. Consistent with the 2015 AHA Guidelines for CPR/ECC, BLS is the foundational CPR/AED program typically required for healthcare providers and public safety professionals. Through online training, skills demonstration, practice, and case-based emergency response scenarios focusing on team-based response, BLS builds the key critical thinking, problem solving, and team skills needed to drive better patient outcomes.

The course emphasizes active, hands-on learning and uses scenario activities to help participants learn how to provide CPR, use an AED, and relieve an obstructed airway for adult, child, and infant patients.

This program is consistent with the following:

- International Liaison Committee on Resuscitation (ILCOR) 2015 International Consensus on Cardiopulmonary Resuscitation and Emergency Cardiovascular Care Science with Treatment Recommendations (CoSTR)
- 2015 American Heart Association Guidelines Update for Cardiopulmonary Resuscitation and Emergency Cardiovascular Care.

Learning Objectives

- Effectively assess an emergency and perform a scene size-up.
- Demonstrate how to check both a conscious and unconscious patient.
- Demonstrate how to give high-quality chest compressions.
- Demonstrate how to give adequate ventilation to a patient experiencing a cardiac arrest or respiratory arrest, including using a pocket mask and bag-valve-mask (BVM) resuscitator.
- Demonstrate how to operate an AED effectively.
- Demonstrate how to care for an obstructed airway effectively.
- Effectively assess, treat and manage a patient requiring basic life support resuscitation, incorporating local protocols as necessary.
- Demonstrate the ability to apply critical thinking (e.g., anticipate next steps and ramifications of actions) and problem-solving skills.

Course Instructions

- The online portion must be completed before attending the in-class portion.
- The online part must be taken on a PC or tablet with a high-speed Internet connection (Firefox or Chrome recommended).
- Bring a copy of the complete record or a copy of the email confirmation received upon completing the online portion of the in-class session.
- Participants must follow any current CDC and government requirements for preventing the spread of infectious diseases.

Course Length

Basic Life Support for Healthcare Providers – Blended Learning	Length (H: MM)

Online: Between 1.5 – 2 hours

In-person: Between 1.5 – 2 hours

Certification Requirements

- Complete all lessons of the online learning session and pass the online assessment with a score of at least 80 percent.
- Participate in all course activities.
- Demonstrate competency in all required skills.
- Complete the Putting It All Together Assessment Scenarios.

Participant Materials

The *American Red Cross **Basic Life Support Manual*** is available as a free digital download or print format for purchase from the Red Cross Store.

Upon Completion

Upon completing the course, learners will receive a 2-year Basic Life Support digital certificate sent to the email used during registration anytime, anywhere access to certificate and training history.

Certificate Issued and Validity Period

Basic Life Support certifications are valid for two years from the date of course completion. On successful completion of the course, participants receive American Red Cross certification.

What is the cancellation policy?

A student can reschedule or cancel a class enrollment up to 15 days before the class with a 10% penalty. If a cancellation occurs after this, the following penalty amounts are subtracted from the original payment:

- 10% from 8 to 14 days before the event begins.
- 25% from 3 to 7 days before the event begins.
- 50% from 1 to 2 days before the event begins.
- 100% from 0 to 0 days before the event begins.