



**American  
Red Cross**



**Safety  
Services  
HAWAII**

# Basic Life Support for Healthcare Providers Fact Sheet

## Purpose

The 2021 Basic Life Support (BLS) course provides healthcare providers and public safety professionals the knowledge and skills necessary to respond to breathing and cardiac emergencies in adult, child and infant patients. Consistent with the 2015 AHA Guidelines for CPR/ECC, BLS is the foundational CPR/AED program typically required for healthcare providers and public safety professionals. Through the use of online training, skills demonstration, practice, and case-based emergency response scenarios with a focus on team-based response, BLS builds the key critical thinking, problem solving, and team dynamic skills that are needed to drive better patient outcomes.

The course emphasizes active, hands-on learning and uses scenario activities to help participants learn how to provide CPR, use an AED and relieve an obstructed airway for adult, child and infant patients.

## This program is consistent with the following:

- International Liaison Committee on Resuscitation (ILCOR) 2015 International Consensus on Cardiopulmonary Resuscitation and Emergency Cardiovascular Care Science with Treatment Recommendations (CoSTR)
- 2015 American Heart Association Guidelines Update for Cardiopulmonary Resuscitation and Emergency Cardiovascular Care.

## Learning Objectives

- Effectively assess an emergency situation and perform a scene size-up.
- Demonstrate how to check both a conscious and unconscious patient.
- Demonstrate how to give high-quality chest compressions.
- Demonstrate how to give effective ventilations to a patient experiencing a cardiac arrest and/or respiratory arrest, including using a pocket mask and bag-valve-mask (BVM) resuscitator.
- Demonstrate how to effectively operate an AED.
- Demonstrate how to effectively care for an obstructed airway.
- Effectively assess, treat and manage a patient requiring basic life support resuscitation, incorporating local protocols as necessary.
- Demonstrate the ability to apply critical-thinking (e.g., anticipate next steps and ramifications of actions) and problem-solving skills.

## Course Instructions

- Online portion must be completed prior to attending the in-class portion
- Online portion must be taken on a PC or tablet with a high-speed Internet connection (Firefox or Chrome recommended).
- Bring a copy of the completion record or a copy of the email confirmation received upon completion of the online portion to the in-class session.
- Participants must follow any current CDC and/or government requirements for preventing the spread of communicable disease.

## Course Length

<b>Basic Life Support for Healthcare Providers – Blended Learning</b>	<b>Length (H:MM)</b>
<b>Online:</b>	<b>Between 1.5 – 2 hours</b>
<b>In-person:</b>	<b>Between 2 – 2.5 hours</b>

## Participant Materials

The *American Red Cross Basic Life Support for Healthcare Providers Manual* is available as free digital download or in print format for purchase from the Red Cross Store.

## Upon Completion

Upon successful completion of the course, learners will receive a 2-year Basic Life Support digital certificate sent to the email used during registration with anytime, anywhere access to certificate and training history.

## Location of In-person training

Maui Research Technology Center  
590 Lipoa Parkway  
Kihei, HI 96753

## What is the cancellation policy?

A student can cancel class enrollment 15 days before the start of the class without penalty, if a cancellation occurs after this the following amounts are deducted from the original payment:

- 10% from 8 to 14 days before event starts;
- 25% from 3 to 7 days before event starts;
- 50% from 1 to 2 days before event starts;
- 100% from 0 to 0 days before event starts or 1 day after event starts