
Wilderness and Remote First Aid Program Frequently Asked Questions

Answers to many of your questions can be found in the [Wilderness and Remote First Aid Program Release Connection](#). We recommend that you carefully read this resource to better understand this new program.

GENERAL

- Q. Was this course developed primarily to meet the needs of the Boy Scouts of America (BSA)?
- A. Although certainly not the only audience, the Boy Scouts of America represent a significant portion of the audience for this course. It was deemed critical to the success of the program that the Red Cross course satisfy the requirements of the new BSA guidelines, including prerequisites, minimum age and length of certification. As a means to expand the potential audience, additional information was included to satisfy the Occupational Safety and Health Administration (OSHA) Best Practices for Workplace First Aid Training.
- Q. Can instructors have access to the BSA Wilderness First Aid Curriculum and Doctrine Guidelines as a resource?
- A. Yes. The BSA Wilderness First Aid Curriculum and Doctrine Guidelines (March 2010 Edition) are available in the section [Wilderness and Remote First Aid](#) of Instructor's Corner.
- Q. Will the BSA honor current Wilderness First Aid certificates after March 1, 2010?
- A. Yes. Current basic-level certificates in wilderness first aid training, including Wilderness First Aid Basics, will be grandfathered—that is, these certificates will be honored through their expiration date. Once the certificates expire, individuals must participate in a course that meets the BSA Wilderness First Aid Curriculum and Doctrine Guidelines, such as American Red Cross Wilderness and Remote First Aid, to meet certification requirements of the BSA. It is strongly recommended that authorized providers begin offering the new Wilderness and Remote First Aid course as soon as possible.
- Q. Does the target audience for Wilderness and Remote First Aid include youth who participate in activities in a wilderness or delayed-help setting?
- A. Yes. The target audience does indeed include youth who participate in activities in a wilderness or delayed-help setting. The BSA recommends that at least some of the youth members in the crew have Wilderness and Remote First Aid training. Adult leaders have a disproportionately higher rate of injury and illness in high adventure settings, at least partly due to their greater age and (sometimes) physical condition even as they try to keep pace with much younger youth members. As such, it is important that youth members be trained as well.
- Q. I currently have a Wilderness First Aid Basics class scheduled. Do all participants who are already enrolled need to take adult CPR/AED before this class?
- A. The Wilderness First Aid Basics course does not require adult CPR/AED certification, but the last day to teach the Wilderness First Aid Basics course, or any other similar chapter-developed course, is June 30, 2010. We recommend that chapters transition to the new Wilderness and Remote First Aid program as soon after it releases on February 25. This new program does require adult CPR/AED certification to participate in the course.

TRAINING OPTIONS

- Q. With a minimum age limit of 14 years old, are there any options for Boy Scouts who are currently teaching younger scouts through the Transylvania program?
- A. There are several options available to youth younger than age 14:
- When Help Is Delayed will continue to be offered by the Transylvania County Chapter at least until stock is depleted. If it is determined that this course is still needed, (based on material sales, primarily), the course will be updated to ensure its consistency with current science.

- The First Aid: Responding to Emergencies course lessons that cover delayed-help situations. These lessons might be suitable depending on the specific needs.
- They can participate in a Wilderness and Remote First Aid course but cannot be certified.

ADMINISTRATION

Q. What is the average price range that the program's competition charges for this type of course?

A. Chapters are encouraged to base the course delivery price for Wilderness and Remote First Aid on the prevailing market price (i.e., the price competitors in your specific geographic market are charging for a comparable course). To determine the market price, you must first conduct market research. Market research will help you identify who your competitors are, what price they are charging, uncover the differences between your course and theirs, the quality of their materials, what the demand for the course is locally and more.

The concept underlying American Red Cross pricing is "value pricing" – providing a quality course or product at a competitive price. Sometimes new market penetration is most readily achieved by pricing your program below that of your competitors depending on the intensity of competition in your market. If you have no direct competitors this should not be necessary.

It is important to do your homework so that you can make an informed decision on the right price to charge, the one that optimizes your competitive position and maximizes revenue. A link to the Materials, Equipment and Supplies Spreadsheet is [provided](#) as a tool to help you determine pricing for your area.

Q. What is the suggested pricing that charges should charge for this course?

A. Chapters are encouraged to base the course delivery price for Wilderness and Remote First Aid on the prevailing market price (i.e., the price competitors in your specific geographic market are charging for a comparable course). To determine the market price, you must first conduct market research. Market research will help you identify who your competitors are, what price they are charging, uncover the differences between your course and theirs, the quality of their materials, what the demand for the course is locally and more.

The concept underlying American Red Cross pricing is "value pricing" – providing a quality course or product at a competitive price. Sometimes new market penetration is most readily achieved by pricing your program below that of your competitors depending on the intensity of competition in your market. If you have no direct competitors this should not be necessary.

It is important to do your homework so that you can make an informed decision on the right price to charge, the one that optimizes your competitive position and maximizes revenue. A link to the Materials, Equipment and Supplies Spreadsheet is [available](#).

Q. It is strongly recommended that major portions of this course be taught in an outdoor setting. What are suggestions for "outdoor settings" for APs in cities or suburbs?

A. Outdoor settings could include a grassy area outside a classroom, a local park or a nature trail.

Q. What is the instructor-to-participant ratio for the basic-level course?

A. The instructor-to-participant ratio is one instructor for every six to 10 participants. However, because this is a long course that is loaded with activities, a co-instructor can be extremely helpful and make the class more enjoyable for all concerned even in a class with six to 10 participants.

Q. There is a lot to cover in the basic-level Wilderness and Remote First Aid course in 16 hours. What can instructors do to be sure that they stay within the allotted time?

A. There is indeed a great deal to cover in the 16-hours. The following are some tips:

- When planning the course, the host organization and instructor must consider how long each class session will be and what breaks are required. It also does not include time for the Additional Activities, which includes the optional written exam. All time allotted for breaks or meal time is in addition to the 16 hours. Be sure that the course schedule accurately reflects the full amount of
 - time and that the participants are informed in advance.

- Preparation prior to the start of the course will make it go more smoothly. Some tasks to tackle in advance include making cue cards for scenarios, gathering supplies for scenarios, determining where the different activities and scenarios will take place and making moulage recipes.
- Because this is a long course that is loaded with activities, a co-instructor can be extremely helpful and make the class more enjoyable for all concerned. When working with a co-instructor, make a plan in advance as to who will teach which sections and who will do what to prepare. An
 - aide can also make a difference and allow you to focus on the instructional aspects of the class.
 - The aide can help with tasks like administrative duties, gathering supplies and providing demonstrations.
- Instructors should be thoroughly familiar with all the course materials, including the administration section and the appendices in the instructor's manual. These materials provide significant information about the course design and teaching strategies which can help instructors
 - confidently deliver an effective and engaging course.
- If new instructors are experiencing issues around setting up scenarios, recommend that they take some time to review the online bridging training once again. A significant amount of time is focused on what is different in this course from other classroom-based courses. A review of the
 - online bridging training could provide even more benefit once the instructors have had an initial
 - experience with and deeper understanding of the basic-level course.

PREREQUISITES

Q. What are the prerequisites for participating in the basic-level Wilderness and Remote First Aid course?

A. To participate in the basic-level Wilderness and Remote First Aid course, individuals must:

- Be 14 years of age by the last scheduled session of the course.
- Have current adult CPR/AED certification.

Q. Why do course participants have to be 14 years or older to be certified in this course?

A. The educational elements in the course—and the need to have the maturity level required to apply decision-making skills—helped determine a minimum age of 14 years. In addition, a minimum age of 14 also meets the BSA age requirements.

Q. Why is adult CPR/AED a prerequisite?

A. The rationale behind this is multipart. The first reason is so that the course can focus on the first aid skills needed for a wilderness or remote setting. With this prerequisite, participants come to the course with a basic understanding of some of the terms and principles used in the Wilderness and Remote First Aid course, such as CHECK—CALL—CARE. Another reason is that as it is now, the course can be conducted over a weekend. The 16-hour course is jam packed with first aid training along with scenarios that require application of first aid and decision-making skills. Adding CPR/AED training would plain and simply add length to the course. In addition, a prerequisite of adult CPR/AED also meets the BSA requirements.

A. Is it acceptable to allow an individual who shows up to class without a current adult CPR/AED certification or equivalent to audit the Wilderness and Remote First Aid course?

A. While Red Cross policies do allow individuals who do not meet prerequisites to audit a course, it is not recommended in this case. If an individual needs a certificate in this course, there is no benefit to him or her to participate in this 16 hour course without first having met all the prerequisites. There is no review option for the Wilderness and Remote First Aid course. As such, when the individual does present verification of certification in adult CPR/AED, he or she is required to participate in another full Wilderness and Remote First Aid course to receive certification. It is not acceptable to change a grade of "Audit" to a grade of "Pass."

Q. Does the Red Cross recognize the second year of a 2-year certification that is intended for lay responders as meeting the adult CPR/AED prerequisite?

A. No. The Red Cross only recognizes the first year of any lay responder CPR/AED certificate or equivalent for purposes of meeting the prerequisite for the Wilderness and Remote First Aid course.

Q. Does the Red Cross recognize the second year of a 2-year CPR/AED for the Professional Rescuer/Health Care Provider certificate as meeting this prerequisite?

- A. Yes. The Red Cross does recognize the CPR/AED for the Professional Rescue/Health Care Provider certificate or equivalent as meeting this prerequisite. The difference between the lay responder and the professional level certification is that it is presumed that individuals working as professional rescuers or health care providers are called upon to use these skills in their job functions and/or receive regular in-service training on this topic which helps to keep their knowledge and skills up to date.
- Q. What should an instructor do if an individual shows up on the first day of class without a current adult CPR/AED or equivalent certificate?
- A. To minimize the chance for this situation to arise, prior to actually enrolling in a course, individuals should be informed of the prerequisite and asked if they meet it. If not, they should be informed of any upcoming adult CPR/AED classes. They should be informed that they will not be permitted to participate in the course if they cannot provide proof of current certification prior to the start of the course. As an additional way to minimize the chance of this situation, instructors should send letters to course candidates informing them of the prerequisite (available in Appendix 3-2 in the instructor's manual). If the situation does arise, however, there are a couple of options:
1. If time is available, the instructor and the provider organization could plan for a challenge and an actual CPR/AED class prior to the start of the course so that these individuals will be able to take the Wilderness and Remote First Aid course.
 2. If time is not available, the course candidate should be informed of any upcoming adult CPR/AED classes and then the Wilderness and Remote First Aid courses that follow.
- Q. Why is child CPR/AED not required? Are there any child-related scenarios included in the course? If so, won't not having child CPR/AED be a problem?
- A. The scenarios in the Wilderness and Remote First Aid course are centered on the first aid content learned in the course. Therefore, participants will have the information they need to complete the scenarios. While the Red Cross acknowledges that CPR/AED emergencies can occur in a wilderness or remote location to adults, children and infants, the only requirement for participation in this course is adult CPR/AED. You should certainly encourage any course participants who will be in these environments with children and infants to also be trained for these age groups.
- Q. Is it necessary to maintain an adult CPR/AED certificate in order to maintain the Wilderness and Remote First Aid certificate, or is it simply a prerequisite for training?
- A. No. The adult CPR/AED certificate is a prerequisite to taking the Wilderness and Remote First Aid course. There is no requirement to maintain the adult CPR/AED certificate in order for the Wilderness and Remote First Aid certification to be valid.
- Q. Are instructor and instructor trainer candidates required to provide a current adult CPR/AED certificate prior to participating in instructor training (new course, bridging/crossover or online bridging training)?
- A. No. Instructor and instructor trainer candidates are not required to provide a current adult CPR/AED certificate to participate in instructor training. The eligibility requirements established for each training option ensure that basic-level adult CPR/AED has been completed as a prerequisite to basic-level training.

CERTIFICATION

- Q. What is the validity period of the basic-level Wilderness and Remote First Aid course?
- A. The basic-level Wilderness and Remote First Aid certificate is valid for 2 years from the last session of the training.
- Q. Why is the basic-level certification only valid for 2 years? This makes it difficult to market against other organizations.
- A. This is different from other Red Cross first aid courses as there is a significant amount of knowledge-based content and more skills included in this course. It is also a course for lay responders and so those individuals are not presumed to use their skills regularly. The 2-year certificate validity is also required to meet BSA guidelines. As such, other training agencies will have the same validity period.

- Q. Where does Wilderness and Remote First Aid fall in hierarchy of first aid courses? Is it equivalent to Standard First Aid? (Thinking how CPR/AED for the Professional Rescuer exceeds any requirements for Lay Responder first aid courses.)
- A. Wilderness and Remote First Aid exceeds the requirements for Standard First Aid. There are more knowledge-based content and skills in this course than in the Standard First Aid course. For skills that are in the Wilderness and Remote First Aid course and the Standard First Aid course, the steps are the same. Both courses are at the Lay Responder level.
- Q. Why is there no review or challenge opportunity for this course?
- A. There is no review or challenge to renew certification in the basic-level course for several reasons. There is a significant amount and level of knowledge-based content and skills. Successful completion of this course includes participation in scenarios that rely upon multiple participants playing varying roles that require demonstration of leadership, communication and decision-making skills. Another important factor in this policy is that because this course is for lay responders, it is presumed that they do not use these skills regularly. Participants must retake the course in order to be recertified.

INSTRUCTOR PREREQUISITES

- Q. Are instructor candidates required to have wilderness experience?
- A. No. Instructors are not required to have wilderness experience; however, they should understand the wilderness and remote context of the course and have the skills and experience to teach significant portions of this course outdoors. It is required that they have a valid American Red Cross Wilderness and Remote First Aid certification or equivalent wilderness first aid training from another agency such as ASHI, ECSI, Mountaineers, NOLS, National Ski Patrol, RMI, SOLO, WMA, or WMI unless they are eligible to do the online bridging training.
- Q. Are current Wilderness First Aid Basics instructors required to complete any training to teach the new Wilderness and Remote First Aid course?
- A. Yes. Current Wilderness First Aid Basics instructors will need to do either the online bridging training available on Instructor's Corner or the Bridging/Crossover Instructor course in order to teach the new Wilderness and Remote First Aid course. Also, they always have the option to take the full Wilderness and Remote First Aid Instructor course if they desire. Please see page 8 of the Program Release Connection for further information.

TRAINING NEW INSTRUCTORS

- Q. Do you have to be a Lay Responder (or any other type of Red Cross instructor) FIRST to become a Wilderness and Remote First Aid instructor?
- A. No. Anyone is eligible to take Wilderness and Remote First Aid instructor training. There are three training options which depend on his or her background. Please see page 6 of the Program Release Connection for further information.
- Q. Is there a Wilderness and Remote First Aid Instructor course for individuals who are not currently Red Cross instructors or instructors from other wilderness first aid training agencies?
- A. Yes. The Wilderness and Remote First Aid Instructor course is available to any instructor candidate, including those from other training agencies. Instructors from some other agencies are also eligible to take the Bridging/Crossover Instructor course. Please see page 6 of the Program Release Connection for further information.
- Q. I am an authorized Lay Responder First Aid and CPR/AED instructor. I do not have a basic-level Wilderness and Remote First Aid certificate. How do I become an instructor for the Wilderness and Remote First Aid program?
- A. As a Lay Responder First Aid and CPR/AED instructor, it is not necessary to have a basic-level Wilderness and Remote First Aid certificate to become a Wilderness and Remote First Aid instructor. Lay Responder First Aid and CPR/AED instructors (as well as Emergency Response and Lifeguarding instructors) are eligible to do the online bridging training which will be available beginning February 25, the day the program releases through December 31, 2010. In order to complete the online bridging training you need to obtain and retain the appropriate course materials. Please see page 6 of the Program Release Connection for further information.

BRIDGING/CROSSOVER OPTION FOR INSTRUCTORS AUTHORIZED IN OTHER AREAS

Q. Is a Water Safety instructor eligible for the Bridging/Crossover Instructor course?

A. Yes. Water Safety instructors are eligible for the Bridging/Crossover Instructor course. Please see page 7 of the Program Release Connection for further information.

Q. Would a Search and Rescue member be an eligible Wilderness and Remote First Aid instructor candidate if he or she completed Fundamentals of Instructor Training course? Would he or she be eligible to complete the online bridging training or the bridging/crossover instructor course?

A. Because it seems that this person is not an instructor through the Red Cross or any other wilderness training organization, this person would need to follow the new instructor candidate path which is outlined on page 10 of the Program Release Connection.

ONLINE BRIDGING TRAINING

Q. Who is eligible to participate in the online bridging training?

A. The following individuals are eligible to participate in the online bridging training:

- Current Wilderness First Aid Basics instructors
- Current Red Cross instructors and instructor trainers from specialty areas that include a first aid component—Lay Responder First Aid and CPR/AED, Lifeguarding and Emergency Response

Q. How soon can eligible instructor candidates take the online bridging training?

A. The online bridging training will be available on the program release date, which is February 25, 2010. The online bridging training will be on the Wilderness and Remote First Aid page of Instructor's Corner. In order to successfully complete the online bridging training, which includes a comprehensive exam on all program content, instructor candidates must have all program materials. Instructor candidates need to build in time to obtain program materials prior to beginning the online bridging training.

Q. Is there any fee to participate or complete the online bridging training?

A. No. There is no fee to complete the online bridging training; however, in order to fully complete the training, including the online exam, you must obtain and retain the appropriate program materials.

Required Materials for Instructors

StayWell Stock Number	Title
656231	American Red Cross Wilderness and Remote First Aid Instructor's Manual
656232	American Red Cross Wilderness and Remote First Aid Emergency Reference Guide and Pocket Guide Set

Required Materials for Instructor Trainers

StayWell Stock Number	Title
656231	American Red Cross Wilderness and Remote First Aid Instructor's Manual
656232	American Red Cross Wilderness and Remote First Aid Emergency Reference Guide and Pocket Guide Set
CrossNet	American Red Cross Guide for Training Wilderness and Remote First Aid Instructors

Please see page 5 of the Program Release Connection for a list of the prices.

Q. Is there a skills component to the online bridging training?

A. No. There is no skills component to the online bridging training.

Q. Will the verification form be automatically sent to chapters or do instructors or instructor trainers have to send a copy to the chapter?

A. No. The verification form will not automatically be sent to chapters. Instructors and instructor trainers will need to send a copy to the chapter. Chapters should communicate with their instructors and instructor trainers how to submit the verification form to them.

- Q. What is the average time expected to complete the online bridging training?
- A. Individuals should plan to spend approximately 2 hours for the training as well as about 30 minutes for the online exam.
- Q. How long will the online bridging training be available on Instructor's Corner?
- A. The online bridging training will be available on Instructor's Corner until December 31, 2010.
- Q. What happens if an instructor loses his or her Wilderness and Remote First Aid Online Bridging Training Final Exam proof of completion certificate?
- A. If an instructor loses his or her confirmation that the exam was completed, the instructor will need to re-take the exam.
- Q. Will a group orientation be available to upgrade current instructors?
- A. No. There is no group orientation option available since this is not an update but a new program. Instead we offer the Bridging/Crossover Instructor course. Please see page 7 of the Program Release Connection.

TRAINING INSTRUCTOR TRAINERS

- Q. What steps are required for becoming a Wilderness and Remote First Aid instructor trainer for an individual who is not currently an instructor trainer in any other specialty area?
- A. New instructor trainer candidates will need to follow the process in the Preparedness Training System (PTS). The information for PTS is available through your chapter.
- Q. For instructor trainers who are eligible to participate in the online bridging training or the bridging/crossover instructor course, how soon after completing the training can they teach the Wilderness and Remote First Aid Instructor course?
- A. Once the chapter's supervisory committee has approved the instructor trainer, he or she can begin teaching the instructor course.
- Q. Are currently authorized Wilderness First Aid Basics instructor trainers required to participate in the online bridging training or a bridging/crossover instructor course?
- A. The Transylvania County Chapter did not create a Wilderness First Aid Basics instructor trainer authorization; therefore, these instructor trainers would need to follow the Preparedness Training System process in order to become instructor trainers in Wilderness and Remote First Aid.

COURSE CONTENT

- Q. Can we add in-service trainings for customization for our audience? If so, how?
- A. When offering the course to meet certification requirements, adapting the training does not mean that you can add, delete or change the content. Additional content can be added, but that content cannot be used as a basis for certification in Wilderness and Remote First Aid. For additional topics, it is recommended that the topics be included at the end of the course. Please note that additional topics should not be added to courses that are intended to meet the BSA wilderness first aid training requirement.
- Q. Why are CPR/AED skills included in the products when changes are expected once the new Emergency Cardiovascular Care Guidelines will be released in late 2010?
- A. The Wilderness and Remote First Aid Emergency Reference Guide and Wilderness and Remote First Aid Pocket Guide are intended to be used in the Wilderness and Remote First Aid course as well as a reference in the event of an emergency. It was deemed important to include refresher-type information on breathing and cardiac emergencies in these materials to provide prompts for situations that they might encounter within the same materials.

During the development process, we were very cognizant of what could potentially change related to Emergency Cardiovascular Care Guidelines 2010 and worked to ensure that updates to the materials would be simple. The hope is that any impact from Guidelines 2010 will be minimal, but we do realize that protocols may change. Also, we will work to manage print runs and inventory so that subsequent printings can align with the release of the new guidelines with integration of the new information to the extent possible.

- Q. Is there content focusing on long-term care, such as situations where a patient may be in the wilderness overnight?
- A. The content, as it pertains to long-term care, focuses on the long-term management of injuries and illnesses. In the 16-hour course, the focus had to remain on the first aid skills to ensure all the content is taught. There is an additional activity that discusses guidelines for a successful evacuation, including transporting the patient, and also a section on guidelines when waiting for help, such as setting up a temporary shelter.
- Q. Is treatment of shotgun and rifle wounds included in the course?
- A. The course includes information on treating wounds, from puncture wounds to lacerations to avulsions. The content goes into detail about direct pressure and tourniquet use to control bleeding, wound cleaning and wound closure. The use of an occlusive dressing is also discussed in the course content.
- Q. Are there any guidelines on medications or other maintenance remedies?
- A. The use of medications is addressed in the training where appropriate. While the content does address the use of medications, you should always check state and local regulations regarding use of prescription and over-the-counter medications.
- Q. How much time is dedicated to scenarios?
- A. There are 2 hours of scenarios included within the basic-level course in the topics of Primary Assessment; Wounds and Wound Infection; Head (Brain), Neck and Spinal Injury; and Bone and Joint Injuries.
- Q. Are the scenarios timed, and is it expected that each scenario be done twice to allow role reversal for the victim and possibly the note-taker?
- A. The scenarios are not timed nor is there a need to do each scenario twice to allow for role reversal but it is advised to have participants switch roles for each scenario. The following information about scenarios is included in the Guide for Training Wilderness and Remote First Aid Instructors:
1. Scenarios tend to work best when they are limited to about six participants. If your course has more than six participants, you should consider adding more roles to the scenario. Because of the unique environment and the complicated nature of scenarios, two or more instructors are preferred, especially for groups larger than six.
 2. You can also add additional roles to make the scene as realistic as possible and meet the needs of the participants.
 3. What are examples of additional roles you could assign to help make the scenario realistic?
 Answers: Responses could include the following:
 - Someone who disagrees with the leader.
 - A person declines to help when asked.
 - A person offers to help, but does so incorrectly.
 - For additional roles, create your own cue cards or privately provide information to the individual role player (i.e., do not allow the responder to know about the role) so the responder can react to the scene as he or she discovers it.
 - It is also common for one person to dominate, in which case you should appoint a leader for each scenario or build the expectation of allowing everyone to be a leader, patient and note-taker at some point.
 - During the reflecting phase, the intent is to talk openly about the experience from multiple points of view and help one another learn. Having participants take turns playing different roles during scenarios throughout the course is one way to ensure that multiple points of view are heard.
- Q. Is a written exam required to pass the basic-level course?
- A. No. There is not required written exam. There is an optional written exam that can be used in the event that a regulatory agency or other rules require a written exam. The optional written exam is categorized as an Additional Activity and therefore is not included in the 16-hour course length. If the written exam is administered, additional time should be added to the course.
- Q. Since no written exam is required, is there a check off sheet to ensure that participants complete all required skills and scenarios?

- A. A competency check sheet is included within the appendices for use during scenarios to ensure participants are meeting the requirements of the scenario. There is no check off sheet that includes all required skills.
- Q. What does "Shout It Out" mean?
- A. Shout It Out is simply a name for the activity. The instructor poses a question and the participants "shout out" their answers. Question-and-answer activities can be conducted in a number of ways. In a Shout It Out activity, the instructor provides an open-ended question that participants can freely answer without raising a hand or waiting to be called. This activity uses rapid recall of information, adds energy to the classroom and helps the instructor assess knowledge before moving on to another topic. This activity can be conducted in large or small groups cooperatively or as a competition. One example of a Shout It Out question is: "What materials do you have in your pack that you could use to splint a leg?"
- Q. Is there a functional definition for evacuate fast versus slow?
- A. Anytime evacuate rapidly/slowly is indicated it means that evacuation is required as these situations are or can become life-threatening. Go Fast or Go Slow refers to the speed at which that evacuation should take place. Go Fast means an immediate, speedy evacuation as these situations are life-threatening and require immediate advanced care. Go Slow means the evacuation is not as speedy, but is still immediate as these are not life-threatening but could become life-threatening if not cared for.
- Q. Do instructors and participants have to use the report form/rescue request that is provided in the course?
- A. No. The rescue request and report form are merely samples that instructors and participants can use during and after class. Use of these forms is not required after the course. The forms can be modified based on the needs after the course or a different form may be used. Two alternates of the report form/rescue request are available on [Instructor's Corner](#).
- Q. Why is the guidance to NOT use ice when caring for snake bites?
- A. Ice does not deactivate or slow the venom. It can cause frostbite and/or damage the tissues surrounding the wound. Do NOT use ice.
- Q. Why is the guidance to NOT apply suction to snake bites?
- A. While applying mechanical suction (such as with an extraction pump) has been recommended by many authorities in the past, it is highly unlikely that it will remove any significant amount of venom, and it is possible that suction could actually increase local tissue damage.
- Q. Why do the care steps say to open a blister?
- A. The care steps for a blister include opening the blister because, according to the BSA Wilderness First Aid Curriculum and Doctrine Guidelines, "Blisters feel better when deflated, and controlled draining is far better than having them rupture inside a dirty sock."
- Q. Is there a functional definition for evacuate fast versus slow?
- A. Anytime evacuate rapidly/slowly is indicated it means that evacuation is required as these situations are or can become life-threatening. Go Fast or Go Slow refers to the speed at which that evacuation should take place. Go Fast means an immediate, speedy evacuation as these situations are life-threatening and require immediate advanced care. Go Slow means the evacuation is not as speedy, but is still immediate as these are not life-threatening but could become life-threatening if not cared for.
- Q. Do instructors and participants have to use the report form/rescue request that is provided in the course?
- A. No. The rescue request and report form are merely samples that instructors and participants can use during and after class. Use of these forms is not required after the course. The forms can be modified based on the needs after the course or a different form may be used. Two alternates of the report form/rescue request are available on [Instructor's Corner](#).

SUPPORTING PRODUCTS

- Q. The Wilderness and Remote First Aid Emergency Reference Guide does not follow the flow of the course. Why not?
- A. The Wilderness and Remote First Aid Emergency Reference Guide is designed for two purposes: as a resource during class to learn about injuries and illnesses and how to care for them and also after the class is over as a reference in the event that response and care is required. The emergency reference guide is organized in alphabetical order by major illnesses or emergencies. Throughout the class, it is referenced repeatedly so that participants become familiar with the major categories and content so that out of class it is an effective and logical reference when necessary.
- Q. Is there a video to support this program? If not, why not?
- A. There is no video for the Wilderness and Remote First Aid basic-level or instructor course for a variety of reasons. One driving factor was the desire by all to keep the cost of the program as low as possible. Another factor was that it was important for the Red Cross to release this program by March 2010, which is the date that the BSA requires this training. Video development would have significantly impacted both.

In addition to those factors, there are other reasons that video support is not necessary for the success of this program. Major portions of the course are intended to be taught in an outdoor setting which makes using video logistically more difficult and potentially time consuming. Also, the Red Cross typically uses video to standardize instruction, but there is really no standard for doing things in the wilderness—it is quite situational. The course relies on the instructor to facilitate discussions and lead activities, demonstrate required skills, and lead skill sessions and scenarios.

- Q. Can video support from other sources/courses be used?
- A. No. Video support from other courses or sources cannot be used with the American Red Cross Wilderness and Remote First Aid course.
- Q. Is there a PowerPoint presentation that can be used in the basic-level or instructor course?
- A. No. For many of the same reasons that video support was not developed, no PowerPoint presentation was developed either.
- Q. Will there be a CD-ROM with the instructor's manual?
- A. No. There is no CD-ROM associated with this program. All the materials required to teach the courses are in the printed program materials. For many of the same reasons that video support was not developed, no CD-ROM was developed either.

MARKETING AND SALES

- Q. What are examples of workplace markets that have regulatory requirements for wilderness first aid training?
- A. While OSHA does not specifically require wilderness first aid training for occupational settings, the Wilderness and Remote First Aid course does include enhanced content to meet OSHA Best Practices for Workplace First Aid Programs. Remote occupational environments are not required to specifically provide wilderness first aid training to their employees; OSHA's Standard for First Aid Programs only stipulates that employees be trained in first aid in the absence of an infirmary, clinic or hospital. However, workplaces in remote environments are likely to see the value in providing Wilderness and Remote First Aid training that will help prepare their employees to respond to life-threatening situations when help may be delayed.

Any employer with 10 or more employees is subject to require employee training in first aid specific to workplace needs. Below is a list of examples of a number of such employers:

- Mining
- Oil and energy workers
- Logging
- Farming/agriculture
- Utilities in rural areas
- Construction companies in rural areas
- Commercial fisherman
- Land surveyors, geologists and other field workers

- Forestry and park service

MISCELLEANOUS

Q. What is moulage?

A. Moulage is a French term that is basically "stage makeup." Using moulage in training provides an opportunity to create realistic scenarios. Information on how to use moulage, including ingredients and how to apply it, is included in the instructor's manual and the Wilderness and Remote First Aid Instructor course.

Q. Will there be moulage kits or other ancillary products to bundle and sell with instructor kits to authorized providers?

A. At this time there is no plan for development of any moulage kits or other ancillary products to bundle and sell with this program. If, in the future, it is determined that there is a market for additional products, they will be considered.

Q. Will there be guidance on where instructors can purchase moulage supplies?

A. Information on how to use moulage, including ingredients and how to apply it, is included in the instructor's manual and the Wilderness and Remote First Aid Instructor course.

Q. Are there any plans to continue to issue the Wilderness First Aid Basics patches or a revised patch to reflect the new name, Wilderness and Remote First Aid?

A. Yes. The new patch is in development at this time. Information will be provided as it becomes available.